



Under the Patronage of



3rd Tartu Arthroscopic Live Surgery Days Shoulder special

Dates:	17.10-18.10.2024
Registration and information:	www.artroskoopia.ee
Venue:	Tartu University Hospital Puusepa 8, Tartu 50406, Estonia www.kliinikum.ee
Conference language:	English
Main topics:	Shoulder instability Rotator cuff tears A/C joint Biceps pathologies

The course addresses advanced techniques of shoulder arthroscopic surgeries for established surgeons, younger colleagues and physiotherapists, invites them to see live surgeries and oral presentations and discuss cases.

Scientific committee and faculty:
Highly experienced shoulder surgeons from Europe, Scandinavia and the Baltic states

Course fee

	250€	surgeons, doctors
	150€	residents
	150€	physiotherapists
Course dinner	80 €	

Registration fee includes

Live surgeries with interactive discussions, oral presentations. Course documentations, lunch and refreshments during all breaks.

The number of participants is limited to max. 150 persons.

The registration fee and dinner must be paid upon receipt of invoice.

Participants who cancel their registration in writing 3 weeks before the course will receive a full refund. Later cancellations is without refund.

Accommodation

Hotels can be booked through <https://visittartu.com/stay>

City map and location of Hotel Lydia and the hospital



For more information about transportation, events, other accommodation options and attractions in Tartu, see www.visittartu.com

Daily Programme 16.10- 18.10.2024

16.10.24

20:00 Pre-course faculty meeting. Introduction of the patients and next days. Restaurant Hõlm at Ülikooli street 14, Hotel Lydia

First Day 17.10.24
Shoulder instability

Faculty: R. Brzóska, A. Kullerkann, K. Udris, M. Sula, V. Jermolajevs, J-T. Kartus, M. Mardna, K. Kask, P. Vahi, M. Rahu, T. Koovit, M. Luik, L. Rips

Venue: Main Conference Hall of Tartu University Hospital (A.Linkberg). Puusepa 8, Tartu

07:30-08:10	Registration.
08:10-08:20	Course opening
08:20-08:30	Introduction of the course. L. Rips EST
08:30-08:50	Lecture. Current trends in shoulder instability surgery. R. Brzóska POL
08:50-09:00	Patient presentation 1
09:00-10:30	LIVE SURGERY. Shoulder instability. Shoulder team I
10:30-10:50	Lecture. My experience and difficulties of the ArthroLatarjet. K. Udris LAT
10:50-11:20	Coffee break
11:20-11:50	Lecture. A/C joint instability. M. Sula EST
11:50-12:00	Patient presentation 2
12:00-13:30	LIVE SURGERY. Shoulder instability. Shoulder team II
13:30-14:20	Lunch
14:20-14:30	Patient presentation 3
14:30-16:00	LIVE SURGERY. Shoulder instability. Shoulder team III
16:00-16:30	Lecture. Current concepts of shoulder instability rehabilitation. T. Koovit EST
16:30-17:30	LIVE PHYSIOTHERAPY SESSION. Postoperative rehabilitation of shoulder instability. T. Koovit, M. Luik EST
17:30-18:30	Round table and discussion. Shoulder instability debate.
19:30-	Course Dinner

Second Day 18.10.24
Rotator cuff

Faculty: R. Brzóška, A. Kullerkann, K. Udris, M. Sula, V. Jermolajevs, J-T. Kartus, M. Mardna, K. Kask, P. Vahi, M. Rahu, T. Koovit, M. Luik, L. Rips

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08:00-08:20 **Lecture. Current trends in rotator cuff tears surgery.**

R. Brzóška POL

08:20-08:30 Patient presentation 4

08:30-08:50 **Lecture. Clinical anatomy of the rotator cuff. K. Kask EST**

08:50-10:00 **LIVE SURGERY. Rotator cuff. Shoulder team IV**

10:00-10:20 **Lecture. Massive and irreparable rotator cuff tears.**

V. Jermolajevs LIT

10:20-10:50 Coffee break

10:50-11:00 Patient presentation 5

11:00-12:00 **LIVE SURGERY. Rotator cuff. Shoulder team III**

12:00-12:20 **Lecture. Current concepts of rotator cuff tears rehabilitation.**

M. Luik EST

12:20-13:00 Lunch

13:00-13:10 Patient presentation 6

13:10-14:30 **LIVE SURGERY. Rotator cuff. Shoulder team V**

14:30-15:30 **LIVE PHYSIOTHERAPY SESSION. Postoperative rehabilitation of rotator cuff tears. T. Koovit, M. Luik EST**

15:30-16:30 Round table and discussion. Rotator cuff debate.

16:30- Final speech and presentation of certificates.

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